

First Aid Policy

HEAL



Reviewed by:	Headteacher	Date: September 2024
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1. Aims

The aims of our first aid policy are to:

- › Ensure the health and safety of all staff, pupils, and visitors.
- › Ensure that staff and governors are aware of their responsibilities with regards to health and safety.
- › Provide a framework for responding to an incident and recording and reporting the outcomes.

2. Legislation and guidance

This policy is based on advice from the Department for Education on [first aid in schools](#), [health and safety in schools](#) and [actions for schools during the coronavirus outbreak](#), and the following legislation:

- › [The Health and Safety \(First Aid\) Regulations 1981](#), which state that employers must provide adequate and appropriate equipment and facilities to enable first aid to be administered to employees, and qualified first aid personnel.
- › [The Management of Health and Safety at Work Regulations 1992](#), which require employers to make an assessment of the risks to the health and safety of their employees.
- › [The Management of Health and Safety at Work Regulations 1999](#), which require employers to carry out risk assessments, make arrangements to implement necessary measures, and arrange for appropriate information and training.
- › [The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations \(RIDDOR\) 2013](#), which state that some accidents must be reported to the Health and Safety Executive (HSE) and set out the timeframe for this and how long records of such accidents must be kept.
- › [Social Security \(Claims and Payments\) Regulations 1979](#), which set out rules on the retention of accident records.
- › [The Education \(Independent School Standards\) Regulations 2014](#), which require that suitable space is provided to cater for the medical and therapy needs of pupils.

3. Roles and responsibilities

3.1 First aiders

All staff in the school are trained to administer first aid. They are responsible for:

- › Taking charge when someone is injured or becomes ill.
- › Ensuring there is an adequate supply of medical materials in first aid kits and replenishing the contents of these kits.

- › Ensuring that an ambulance or other professional medical help is summoned when appropriate.

First aiders are trained and qualified to carry out the role and are responsible for:

- › Acting as first responders to any incidents, they will assess the situation where there is an injured or ill person and provide immediate and appropriate treatment.
 - › Sending pupils home to recover, where necessary.
 - › Filling in an accident report on the same day, or as soon as is reasonably practicable, after an incident.
- Keeping their contact details up to date.

Some staff have received additional First Aid training as part of their role. Where this is the case, these staff should be the first port of call in any incident requiring first aid advice and/or treatment.

3.2 Directors

Horizon Care and Education Group has ultimate responsibility for health and safety matters in the school, but delegates responsibility for the strategic management of such matters to the group's health and safety division.

The health and safety division delegates operational matters and day-to-day tasks to the headteacher and staff members.

3.3 Headteacher

The headteacher is responsible for the implementation of this policy, including:

- › Ensuring that an appropriate number of trained first aid personnel are present in the school at all times.
- › Ensuring that first aiders have an appropriate qualification, keep training up to date and remain competent to perform their role.
- › Ensuring all staff are aware of first aid procedures.
- › Ensuring appropriate risk assessments are completed and appropriate measures are put in place.
- › Undertaking, or ensuring that managers undertake, risk assessments, as appropriate, and that appropriate measures are put in place.
- › Ensuring that adequate space is available for catering to the medical needs of pupils.
- › Reporting specified incidents to the HSE when necessary.

3.4 Staff

School staff are responsible for:

- › Ensuring they follow first aid procedures.
- › Completing accident reports for all incidents they attend to where a first aider is not called.

4. First aid procedures

4.1 In-school procedures

In the event of an accident resulting in injury:

- › The closest member of staff present will assess the seriousness of the injury and seek the assistance of a qualified first aider, if appropriate, who will provide the required first aid treatment.
- › The first aider, if called, will assess the injury, and decide if further assistance is needed from a colleague or the emergency services. They will remain on scene until help arrives.
- › Emergency services must be called if the person injured is an adult when there is/are:

- **signs of a heart attack**

chest pain, pressure, heaviness, tightness or squeezing across the chest

- **signs of a stroke**

face drooping on one side, cannot hold both arms up, difficulty speaking

- **sudden confusion (delirium)**

cannot be sure of own name or age.

- **suicide attempt**

by taking something or self-harming.

- **severe difficulty breathing**

not being able to get words out, choking or gasping.

- **choking**

on liquids or solids right now.

- **heavy bleeding**

spraying, pouring or enough to make a puddle.

- **severe injuries**

after a serious accident or assault

- **seizure (fit)**

shaking or jerking because of a fit, or unconscious (cannot be woken up)

- **sudden, rapid swelling**

of the lips, mouth, throat, or tongue

- **or there if the person who is assessing the injury feels there is a risk of any of these.**

➤ Emergency services must be called if the person injured is a child when there is/are:

- **seizure (fit)**

shaking or jerking because of a fit, or unconscious (cannot be woken up)

- **choking**

on liquids or solids right now.

- **difficulty breathing**

making grunting noises or sucking their stomach in under their ribcage.

- **unable to stay awake**

cannot keep their eyes open for more than a few seconds.

- **blue, grey, pale, or blotchy skin, tongue, or lips**

on brown or black skin, grey or blue palms or soles of the feet

- **limp and floppy**

their head falls to the side, backwards or forwards.

- **heavy bleeding**

spraying, pouring or enough to make a puddle.

- **severe injuries**

after a serious accident or assault

- **signs of a stroke**

face drooping on one side, cannot hold both arms up, difficulty speaking.

- **sudden rapid swelling**

of the lips, mouth, throat, or tongue

- **sudden confusion**

agitation, odd behaviour, or non-stop crying

- **or there if the person who is assessing the injury feels there is a risk of any of these.**

- The first aider will also decide whether the injured person should be moved or placed in a recovery position.
- If the first aider judges that a pupil is too unwell to remain in school, parents will be contacted and asked to collect their child. Upon their arrival, the first aider will recommend next steps to the parents.
- If emergency services are called, the headteacher will contact parents immediately.
- The member of staff involved will complete an accident report form on the same day or as soon as is reasonably practical after an incident resulting in an injury.
- All staff are provided with a Biohazard Body Spill Disposal Kit to allow them to clean up bodily fluids.

During coronavirus: first aiders will follow Health and Safety Executive (HSE) guidance for [first aid during coronavirus](#). They will try to assist at a safe distance from the casualty as much as possible and minimise the time they share a breathing zone. Treating any casualty properly will be the first concern. Where it is necessary for first aid provision to be administered in close proximity, those administering it will pay particular attention to sanitation measures immediately afterwards including washing their hands.

4.2 Off-site procedures

When working with pupils, staff will ensure they always have the following:

- A school mobile phone
- A portable first aid kit
- Biohazard Body Spill Disposal Kit
- Information about the specific medical needs of pupils
- Parents' contact details

Risk assessments will be completed by the teacher prior to any educational visit that necessitates taking pupils off school premises.

There will always be at least 1 first aider on school trips and visits.

During coronavirus: we will take account of any government advice in relation to educational visits during the coronavirus pandemic.

5. First aid equipment

A typical first aid kit in our school will include the following:

- A leaflet with general first aid advice
- Regular and large bandages
- Eye pad bandages
- Triangular bandages
- Adhesive tape
- Safety pins
- Disposable gloves
- Antiseptic wipes
- Plasters of assorted sizes
- Scissors
- Cold compresses
- Burns dressings.
- Biohazard Body Spill Disposal Kit

No medication is kept in first aid kits.

First aid kits are carried out by all staff who are teaching pupils in private homes or a community setting.

6. Record-keeping and reporting

6.1 First aid and accident records

- An accident form will be completed by the first aider on the same day or as soon as possible after an incident resulting in an injury.
- As much detail as possible should be supplied when reporting an accident.
- A copy of the accident report form will also be added to the pupil's educational record.
- Records held in the accident book will be retained by the school for a minimum of 3 years, in accordance with regulation 25 of the Social Security (Claims and Payments) Regulations 1979, and then securely disposed of.

6.2 Reporting to the HSE

The headteacher will keep a record of any accident which results in a reportable injury, disease, or dangerous occurrence as defined in the RIDDOR 2013 legislation (regulations 4, 5, 6 and 7).

The headteacher will report these to the Health and Safety Executive as soon as is reasonably practicable and in any event within 10 days of the incident.

Reportable injuries, diseases or dangerous occurrences include:

- Death
- Specified injuries, which are:
 - Fractures, other than to fingers, thumbs, and toes
 - Amputations
 - Any injury likely to lead to permanent loss of sight or reduction in sight.
 - Any crush injury to the head or torso causing damage to the brain or internal organs.
 - Serious burns (including scalding)
 - Any scalding requiring hospital treatment.
 - Any loss of consciousness caused by head injury or asphyxia.
 - Any other injury arising from working in an enclosed space which leads to hypothermia or heat-induced illness or requires resuscitation or admittance to hospital for more than 24 hours.
- Injuries where an employee is away from work or unable to perform their normal work duties for more than 7 consecutive days (not including the day of the incident)
- Where an accident leads to someone being taken to hospital
- Near-miss events that do not result in an injury but could have done. Examples of near-miss events relevant to schools include, but are not limited to:
 - The collapse or failure of load-bearing parts of lifts and lifting equipment.
 - The accidental release of a biological agent likely to cause severe human illness.
 - The accidental release or escape of any substance that may cause a serious injury or damage to health.
 - An electrical short circuit or overload causing a fire or explosion.

Information on how to make a RIDDOR report is available here:

[How to make a RIDDOR report, HSE](http://www.hse.gov.uk/riddor/report.htm)

<http://www.hse.gov.uk/riddor/report.htm>

6.3 Notifying parents/carers

The headteacher will inform parents of any accident or injury sustained by a pupil, and any first aid treatment given, on the same day, or as soon as reasonably practicable.

7. Training

All school staff undertake first aid training as part of their induction.

All first aiders must have completed a training course and must hold a valid certificate of competence to show this. The school will keep a register of all trained first aiders, what training they have received and when this is valid until.

Staff are encouraged to renew their first aid training when it is no longer valid.

8. Monitoring

This policy will be reviewed as guidance from the DfE is updated, and as a minimum annually by the headteacher. At every review, the policy will be approved by directors.

9. Links with other policies

This health and safety policy links to the following policies:

- Health and safety
- Risk assessment
- Supporting pupils with medical conditions