



Aspire Learning School

Intimate Care Policy

Status: Non-statutory

Policy Reviewed by: Aspire Leadership Team

Policy Ratified by: Headteacher – Abigail McIvor

Date of Policy: May 2025

Date of Next Review: May 2026

Version: 1.0

Links to Other Policies: Administering Medication Policy; Child Protection and Safeguarding Policy; Safe Touch Policy

At Aspire Learning School, we believe all pupils have the right to be safe and treated with dignity and respect, as set out in the Charter for Children's Rights. Our practice reflects the Statutory Code of Practice on the Duty to Promote Equality and aims to protect both pupils and staff. This policy applies to every staff member involved in the intimate care of pupils and ensures consistent, respectful, and safe approaches.

1. Aims

This policy aims to ensure that:

- Intimate care is carried out respectfully by trained staff following agreed plans
- The dignity, rights and wellbeing of every child are safeguarded
- Pupils requiring intimate care are not discriminated against, in line with the Equality Act 2010
- Parents/carers are assured that staff are knowledgeable and sensitive to their child's needs
- Safe practices protect pupils and staff, following The School's Safe Touch Policy and safeguarding procedures

2. Legislation and Statutory Guidance

This policy complies with the statutory safeguarding guidance and the Equality Act 2010. It is informed by the school's safeguarding, SEND, health and safety, and safe touch policies.

3. Role of Parents/Carers

3.1 Seeking Permission

Parents/carers will be asked to sign consent forms for routine or occasional intimate care. Where needs are complex, an intimate care plan will be developed collaboratively.

3.2 Care Planning

Intimate care plans will be co-developed and reviewed bi-annually with parents/carers and, where appropriate, the pupil. Plans will be updated with any change in needs and include consent for appropriate language and safe touch.

Due to the complex needs of our students, some may experience arousal during intimate care. This will be care planned and risk assessed to maintain dignity and safety of the individual and staff supporting them.

3.3 Information Sharing

Aspire promotes open communication. Families are encouraged to inform staff of any changes or concerns related to care needs.

4. Role of Staff

4.1 Responsibilities

Designated staff, such as teachers, teaching assistants, senior leaders and pastoral support may carry out intimate care. Staff are recruited following enhanced DBS checks.

4.2 Training

Staff involved in intimate care receive training including personal care, manual handling, safeguarding, and health and safety.

5. Intimate Care Procedures

5.1 How Care is Delivered

Procedures are delivered in designated areas with appropriate equipment (e.g., gloves, wipes, changing mats). Where possible, two staff may be present for health and safeguarding reasons, though privacy and trust are also considered.

Soiled clothing is bagged and discreetly returned. Parents provide necessary supplies.

5.2 Safeguarding Concerns

Staff must report any concerns during intimate care immediately. This includes:

- Physical signs of harm or disclosures
- Accidental injury
- Unexpected soreness
- Pupil emotional reactions or misunderstandings

All incidents are recorded on CPOMS.

6. Monitoring and Review

This policy will be reviewed annually by the Aspire Leadership Team and approved by the Headteacher.

7. Links with Other Policies

- Accessibility Plan
- Child Protection and Safeguarding
- Health and Safety
- SEND
- Supporting Pupils with Medical Conditions
- Safe Touch Policy
- Behaviour Policy